

balti dishes

Add any of the following vegetables balti's are the traditional way of enjoying food. All balti are cooked in a traditional wok with a selection of special spices, garam masala and herbs

| | |
|--|------|
| balti choice of chicken, meat or prawns | 6.95 |
| tikka balti D choice of chicken tikka or lamb tikka | 7.50 |
| mother india special balti mixture of chicken, meat and prawns | 7.50 |
| king prawn balti | 8.95 |
| vegetable balti a selection of vegetables | 6.95 |
| chicken sag aloo balti chicken with potato and spinach | 7.50 |
| chicken aloo chana balti chicken with chick peas and potato | 7.50 |
| chicken keema balti chicken and minced meat | 7.50 |
| keema chana balti minced meat and chick peas | 7.50 |

Additional each £0.95

mushroom | potato | spinach | okra | chick peas
cauliflower | mixed vegetables

biryani dishes

vegetable accompaniments

basmati rice cooked together with your choice of meat or vegetables, flavoured with mild spices and garnished with coriander. Served with a vegetable curry

| | |
|--|-------|
| choice of chicken, meat or prawns | 7.95 |
| vegetable biryani selection of mixed vegetables | 7.95 |
| king prawn biryani | 9.95 |
| tikka biryani D chicken tikka or lamb tikka | 9.95 |
| cocktail biryani tandoori lamb, chicken and king prawn | 10.95 |
| khazana biryani E chicken, meat, prawns topped with an omelette | 10.95 |
| persian biryani E chicken biryani topped with an omelette and fresh sliced banana | 10.95 |
| mother india special biryani chicken, lamb & prawn | 9.95 |

combination dishes

Enabling you to sample two dishes in two portions or select your own combination in chicken, lamb or prawn. (king prawns additional £2.00)

| | |
|--|-------|
| chicken jalfrezi E & lamb sagwalla | 10.95 |
| chicken chilli khyber E & lamb rogan | 10.95 |
| chicken tikka massala N D & lamb bhuna | 10.95 |
| korai chicken & lamb pathia E | 10.95 |
| goa garlic chicken & lamb dansak E | 10.95 |
| tandoori makhani chicken & chicken or lamb malaya | 10.95 |

SET MEAL A

For One Person

Starter:

Tandoori Chicken **D**

Main Course:

Chicken Tikka Bhuna **D**

Side Dish:

Mixed Vegetables

Sundries:

Pilau Rice
Nan **G** **D** & **Papadoms**

£14.95

VEGETARIAN SET MEAL

For One Person

Starter:

Onion Bhajee **E**

Main Course:

Vegetarian Masala **N**

Side Dish:

Sag Aloo

Sundries:

Pilau Rice
Nan **G** **D** & **Papadoms**

£14.95

vegetable accompaniments

| | |
|--|------|
| bombay aloo spicy potato with fresh herbs | 3.95 |
| aloo gobi a spicy cauliflower and potato dish | 3.95 |
| sag aloo potato and spinach dish, with fresh coriander and onions | 3.95 |
| mushroom bhaji mushrooms cooked onions and tomatoes | 3.95 |
| bindi bhaji okra cooked in a rich sauce with onions and tomatoes | 3.95 |
| sag bhaji a dry spinach dish | 3.95 |
| chana bhaji spicy chick peas in a medium sauce with fresh coriander and garam masala | 3.95 |
| sag paneer D spinach and Indian cheese | 3.95 |
| tarka dal lentils cooked with coriander and garnished with sliced garlic cooked in pure ghee | 3.95 |
| vegetable curry a selection of fresh vegetables in a medium sauce | 3.95 |
| mushroom bhaji spicy mushrooms in a medium dry sauce | 3.95 |
| matter paneer D Indian cheese and peas | 3.95 |

rice

| | |
|---|------|
| boiled rice | 2.50 |
| pilau rice | 2.95 |
| fried rice | 3.25 |
| mushroom pilau rice | 3.25 |
| vegetable pilau rice | 3.25 |
| keema pilau rice | 3.25 |
| egg fried rice E | 3.25 |
| special fried rice E | 3.25 |
| lemon chilli fried rice E | 3.25 |

breads

all bread are freshly cooked in the tandoori oven

| | |
|---|------|
| nan G D | 2.50 |
| keema nan G D | 2.95 |
| garlic nan G D | 2.95 |
| peshwari nan G D N | 2.95 |
| onion kulcha nan G D | 2.95 |
| vegetable nan G D | 2.95 |
| cheese and garlic nan G D | 2.95 |
| cheese and chilli nan E G D | 2.95 |

puri

deep fried thin and fluffy whole wheat bread

| | |
|--|------|
| chapatti G a soft wafer thin whole wheat bread | 1.95 |
| paratha G layered chapatti style bread fried in pure ghee | 2.50 |
| tandoori roti wholemeal bread cooked in the tandoor | 2.50 |
| chips | 2.95 |
| spicy chips | 3.25 |
| papadom or spiced papadom served with mint sauce and onion salad | 0.70 |

For Discounts and offers please go to:

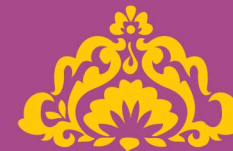
www.mymotherindia.co.uk • 0121 354 1923

low fat dishes available upon request.

Any dish not mentioned on the menu, please ask a member of staff and we will try our best to prepare it for you.

Christmas Lunch: 1.00pm - 3.00pm

Please note, some of our food may contain nuts or nut traces, please inform a member of staff if you have any allergies.



Mother India



SPECIAL OFFER
Sunday to Thursday



10% DISCOUNT
on collection orders only

FREE DELIVERY
On orders over £15

OUTDOOR CATERING SERVICE AVAILABLE

TAKE AWAY MENU

t: 0121 354 1923

www.mymotherindia.co.uk

60A Boldmere Road, Sutton Coldfield, B73 5TJ



Mother India

starters

- tandoori mix kebab** **E** **D** 4.75
a gourmet selection of mixed kebabs and tikkas. Highly recommended
- tandoori chicken** **D** 3.95
plump, juicy spring chicken marinated in yoghurt enhanced with garlic and a whole range of freshly ground spices, then baked in the tandoor
- chicken tikka or lamb tikka** **D** 3.95
diced tender chicken or lamb marinated in yoghurt infused with a mixture of fresh herbs & spices and cooked in a flaming tandoor
- sheek kebab** **E** 3.95
spicy minced meat seasoned with coriander herbs & spice and cooked on skewers over a flaming tandoor
- nargis kebab** **E** 4.75
boiled egg wrapped in spicy minced meat & topped with an omelette
- chicken pakora** **E** **D** 4.75
tender pieces of chicken in spiced batter and shallow fried
- chicken chat** **G** **D** 4.75
diced chicken cooked in chat masala spice and served on a shallow fried puri
- lamb somosa** **G** 3.50
minced lamb is enhanced with fresh herbs & spices, wrapped in fine pastry and deep fried
- stuffed pepper** 4.75
capsicum stuffed with spicy mince meat and cooked in a tandoor
- lamb chops** 4.75
lamb chops marinated in tandoori spices and cooked in the tandoor
- murgh roll** **G** **D** 4.75
finely chopped chicken cooked with onions and tomato, wrapped in a light chapati

vegetarian starters

- paneer tikka** **D** 4.75
indian cheese in spices, served with salad
- vegetable puri** **G** 3.95
fresh vegetables cooked in a dry bhuna sauce served on a shallow fried puri
- chana puri** **G** 3.95
chick peas cooked in a dry bhuna sauce served on a shallow fried puri
- onion bhaji** **E** 3.50
finely chopped onions with herbs & spices in gram flour batter which is shallow fried to a golden crispy finish
- vegetable somosa** **G** 3.50
fresh vegetables enhanced with fresh herbs & spices, wrapped in fine pastry and deep fried
- stuffed pepper** 4.75
capsicum stuffed with spiced mixed vegetables and cooked in a tandoor

- seafood starters** (fish may contain bones)
- tandoori king prawn** 4.95
king size prawns marinated and spiced, cooked on skewers over a flaming tandoor
- king prawn pakora** **E** 4.95
king prawns fried in batter
- prawn puri** **G** 3.95
prawns delicately fried with onions, tomato and fresh coriander and served on a shallow fried puri
- king prawn puri** **G** 4.95
king prawns delicately fried with onions, tomato and fresh coriander and served on a shallow fried puri
- prawn cocktail** 4.95
fresh prawns on top of a fresh bed of lettuce topped with cocktail sauce
- salmon tikka** 4.95
salmon fillet marinated in spices and herbs, pan fried with sprinkled dill
- mass biran** 4.95
fillets of pangash fish lightly spiced, pan fried with onions peppers and tamarind sauce
- tandoori fish** 4.95
spicy fish grilled in the tandoor oven signature dishes

signature dishes

- shabar chicken** **N** **D** 7.95
thinly sliced chicken cooked with minced meat, fresh lemon and coconut in a medium sauce
- ambela chicken** **G** **D** 7.95
whole breast of chicken stuffed with mince meat and cooked in medium sauce
- tazmin special** **G** **D** 7.95
chicken tikka garnished with onions, lentils and spices, slightly hot
- goa garlic chicken** **D** 7.95
finely chopped onions, green pepper, tomato, garlic and coriander garnished with roasted garlic
- shashlik bhuna** **G** **D** 7.95
choice or chicken shashlik or lamb shahlik cooked in a medium sauce
- north Indian garlic chili** **G** **D** 7.95
barbecued chicken or lamb cooked with fresh slices of garlic and green chili in a moderately spiced sauce
- naga** **G** **D** 7.95
choice of chicken or lamb cooked in hot sauce with the flavour of scotch bonnet chilli
- tamarind chicken** **D** 7.95
tender pieces of chicken marinated then simmered in delicately blended tamarind sauce producing sweet and tangy flavour
- butter chicken** **D** 7.95
Off the bone tandoori chicken cooked in butter and cream, with a rich sauce
- chicken tikka masala** **N** **D** 7.95
chicken tikka pan fried in mild, creamy sauce with ground almonds and coconut
- murghi masala bhuna** **E** **D** 7.95
tandoori chicken in a medium sauce with mince meat and boiled egg
- jafrani** **D** 7.95
thinly sliced chicken or lamb grilled in the tandoor and cooked in a special sauce
- honey chicken** **N** **D** 7.95
grilled chicken tikka cooked in a medium curry with honey, a sweet dish
- platter bhuna** **D** 9.45
a combination of chicken and lamb tikka, sheek kebab, tandoori chicken and king prawns marinated in a dry spicy sauce
- hariyali** **G** **D** (new) 9.45
pieces of diced chicken cooked in fresh green chillies, coriander, gamished with fried onions, garlic, mushroom and peppers.

fish specialities

 (may contain bones)

- mass biran** 8.45
fillet of pangash fish marinated in spices and pan fried with onions and green pepper served with fresh crisp salad and fried rice
- seafood cocktail** 9.95
a platter of salmon, king prawns and mass biran served with fresh crisp salad
- tandoori fish** 8.95
spicy fish grilled in the tandoor oven
- tandoori salmon** 8.95
salmon cooked in the tandoor.
- mass jull** 8.95
pangash fish in spicy dry sauce containing onions and fresh green chillis
- jinga sagar** 11.20
king prawns cooked with spinach, tomato and onions topped with fresh herbs and cheese
- seabass mass** 8.95
fillets of seabass pan fried with spice topped with a rich dry sauce.
- salmon tikka bhuna** 9.95
medium hot served in a fairly thick sauce with onions, tomatoes, capsicum and coriander
- king prawn thai** 11.45
king prawns cooked with onions, green peppers, tomatoes, and fresh garlic with a touch of green chillies and coriander

vegetarian signature dishes

- sambor** 5.95
selection of vegetables cooked in a slightly hot sauce with lentils
- vegetable jalfrezi** **G** **D** 5.95
mixed vegetables cooked with chillies green peppers, tomato and onions
- sabzi methi** 5.95
mixed vegetables in a bhuna sauce with fresh methi leaves
- paneer tikka masala** **N** **D** 6.25
Indian cheese, ground almonds and coconut cooked in a mild creamy sauce
- paneer peas** **D** 6.25
Indian cheese and peas cooked with creamy and coconut in a mild sauce
- vegetable bahar** 6.25
selection of vegetables in a sweet and sour sauce
- vegetable shashlik** 6.95
selection of vegetables served with grilled peppers, tomato, onions and mushrooms. Served with salad

tawa dishes

- these dishes are cooked with onions, green peppers, tomatoes, fresh garlic and a touch of fresh green coriander and bayleaves. Served on a tawa pan, medium spices.
- garlic chilli lamb or chicken tawa** **G** 6.95
- chicken or lamb tikka tawa** **D** 7.95
- mother india special tawa** 8.95
(chicken, lamb & prawn)
- rongali chicken tawa** **G** **D** 8.95
cooked with chicken tikka and fresh green chillies and sliced garlic, slightly hot dish.

Additional each **£0.95**
mushroom | potato | spinach | okra | chick peas
cauliflower | mixed vegetables

tandoori dishes

- all tandoori dishes are marinated and cooked in a tandoor clay oven. served with fresh crisp salad and mint sauce
- chicken tikka** **D** 7.95
diced tender chicken marinated in yoghurt infused with a mixture of fresh herbs & spices and cooked in a flaming tandoor
- lamb tikka** **D** 7.95
diced tender lamb marinated in yoghurt infused with a mixture of fresh herbs & spices and cooked in a flaming tandoor
- tandoori chicken** **D** 7.95
plump, juicy spring chicken marinated in yoghurt enhanced with garlic and a whole range of freshly ground spices, then baked in the tandoor
- chicken or lamb shashlik** **D** 7.95
chicken tikka served with barbecued onions, green peppers and tomato
- tandoori king prawns** 8.95
- tandoori lamb chops** 8.95
lamb chops marinated in tandoori spices and cooked in the tandoor
- tandoori mix grill** **G** **D** **E** 9.95
selection of chicken tikka, lamb tikka, tandoori chicken and shish kebab served with a nan bread

traditional dishes

- medium curry**
cooked in a medium sauce
- madras** **G** **D**
cooked in a fairly hot and rich sauce
- bhuna**
cooked with finely chopped onions and tomatoes in a fairly thick sauce
- dupiza**
cooked with chunks of fresh onions and capsicum, fried and garnished with spice in a medium flavoured sauce
- pathia** **G**
finely chopped onions and tomatoes garnished in tomato puree creating a sweet and sour taste. slightly hot
- vindaloo** **G** **D**
extremely hot sauce
- kashmir** **D**
Medium sauce with fresh sliced banana
- kurma** **N**
light mild and creamy dish, sweet in flavour
- malaya**
Medium sauce with pineapple
- jalfrezi** **G** **D**
Tossed with batons of tomatoes, capsicum, onion & green chilli with ground spices
- rogan josh**
cooked with finely chopped fresh onions, garlic and coriander and garnished with fried tomatoes
- dansak** **G**
in a slightly hot thick sauce with lentils
- sagwala**
medium sauce with finely chopped spinach

TRY THE ABOVE DISHES WITH THE FOLLOWING:

- chicken** 6.50
- meat or prawns** 6.95
- king prawns** 8.95
- vegetables or mushrooms** 6.50
- chicken tikka or lamb tikka** **D** 7.50
- mother india special** (chicken, lamb & prawn) 7.95

korai dishes

- a traditional indian village style cooking flavoured with herbs, tomatoes, cooked in a cast iron pan, served straight from the oven. medium hot.
- chicken or lamb or prawn korai** 6.50
- chicken or lamb tikka korai** **D** 7.25
- mother india special korai** 7.75
(chicken, lamb & prawn)

Additional each **£0.95**
mushroom | potato | spinach | okra | chick peas
cauliflower | mixed vegetables

Slightly hot **Hot** **Very Hot**
N: Contains Nuts **E**: Contains Egg **D**: Contains Dairy **G**: Gluten